

Center Preview—2022-2023

Edition: August 1, 2022 (See Website for Updates)



Franciscan Spiritual Center

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609 S. Convent Road

Aston, PA 19014

(610-558-6152)

Email: fsc@osfphila.org

Visit our website at www.fscaston.org

Welcome to our 2022-2023 offerings. Programs currently offered will be available on our website by August 1st and will be updated throughout the year, so visit the website often to check for new offerings
Our website is www.fscaston.org

Day Programs

10:00 a.m. to 3:00 p.m. \$40 (includes lunch) \$10 deposit

Dancing with Life: Living from our

ABUNDANCE

September 27, 2022

Mercedes Rojo OSF

Lenten Day of Prayer: Lenten Tears that Open Our Eyes

March 6, 2023

Julia Keegan OSF

Eco-Conversion for a Franciscan Heart

October 3, 2022

Julia Keegan, OSF

Spirituality of the Wisdom Years:

JESUS, the JOY of our Hearts

April 20, 2023

Rosemary Eve Holter OSF

\$30 (includes lunch)

Grieving our Losses: Living our Hope

November 1, 2022

Jean Ustasiewski OSF/Mary Lou Pappolla

Program will end at 2:00 PM

Free Will Offering

Being PRESENT: The KEY to the Spiritual Journey

May 9, 2023

Mercedes Rojo OSF

Spirituality of the Wisdom Years: The Art of Forgiveness

November 7, 2022

Rosemary Eve Holter OSF

\$30 (includes lunch)

Advent Hope

December 5, 2022

Julia Keegan OSF



Registration : Proof of COVID vaccination and boosting will be necessary. You may register for any programs on this Preview Sheet. **Registration begins on Monday , August 1, 2022.** There are 3 registration options (US mail, Credit Card on www.fscaston.org or drop registration off at the Spiritual Center). Deposit with registration form is needed at the time of registration. You can print out a registration form from our website . Make all checks PAYABLE to Sisters of St. Francis.

Morning, Afternoon, and Evening

Contemplative Mornings

September 7, October 12, November 9, December 14, 2022; January 11, February 8, March 8, April 12, May 10, 2023

Jean Ustasiewski OSF

\$20 (due with registration)

Women's Awareness Salon:

Seeing the Sacred in the Ordinary

September 15, October 5, December 12, 2022, January 4, March 1, May 16, 2023

10 a.m. to 12 p.m.

Facilitators: Marge Richards, Renee Eells

Guest Presenters

\$15 each session

"All Are Welcome": Dining in the Kingdom of God:

A Morning Series

October 12, November 9, December 7, 2022, January 11, February 8, March 8, April 12, May 10, 2023

10:00 a.m.—12:00 p.m.

Clare D'Auria OSF

\$120 for the Series

Men's Spirituality Group Gatherings:

Tuesday evenings **September 13, October 11, November 8, December 6, 2022; January 10, February 7, March 14, April 11, May 9, 2023**

Facilitator: Fritz Haas

Free Will Offering

Conversations in Faith

October 26, November 2, 9, 2022

Patricia Smith OSF

Free Will Offering

Monthly Virtual Centering Prayer Group

2nd Saturday of each month

Beginning August 13, 2022 through August 12, 2023

10:30 a.m. — 11:30 a.m.

Facilitator: Julia Keegan OSF,

Free Will Offering

Living Mindfully: Cultivating Peace in a Challenging World

October 13, 2022

10:00 a.m.—12:00 p.m.

Susan Long

\$20

Conversations in Faith

March 1, 8, 15, 22, 29, 2023

6:30 p.m.—7:45 p.m.

Living Mindfully: Blooming into your Gifts

March 16, 2023

10:00 a.m.—12:00 p.m.

Susan Long

\$20

Weekend Experience at the Hermitage

Franciscan Solitude Experience

February 17-February 20, 2023

(Begins 7:00 p.m. on Feb 17 and ends at 12 noon on Feb 20)

Jean Ustasiewski OSF

\$240 (\$50 deposit)



Hermitages

\$50 per night

Register on line or Call Sr. Helen Budzik at 610-558-7674
(Spiritual Direction \$30 per session while in a hermitage)

Spiritual Direction

\$40 per session

An explanation and a list of directors is available at this link: <https://fscaston.org/spiritual-direction/>